

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 AUGUST MENU- COMMERCE**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	HOT LUNCH \$4.00		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
3 Country Fried Steak Mashed Potatoes Broccoli Whole Grain Bread Apple	4 <i><u>NO LUNCH</u></i> <i>Activities cancelled for Election Day</i>	5 Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Dinner Roll Banana	6 Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit	7 Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges
10 Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Apple	11 <i><u>POTLUCK</u></i> Grilled Chicken Sandwich	12 Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Dinner Roll Banana	13 Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears	14 Chopped Steak w/ Onion & Mushroom Gravy Mashed Potatoes Broccoli Mandarin Oranges
17 Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple	18 Beef Ravioli Italian Vegetables Tossed Salad Breadstick Apple Sauce	19 Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana	20 Turkey w / Gravy Mashed Potatoes Broccoli Whole Wheat Bread Mixed Fruit	21 Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges
24 Grilled Chicken Sandwich Hamburger Bun Baked Beans Carrots Apple	25 <i><u>THEME</u></i> Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Peaches	26 Egg Salad Plate Mixed Greens Croissant Pasta Salad Carrots Banana	27 Salisbury Steak Green Beans Mashed Potatoes Dinner Roll Mixed Fruit	28 Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Dinner Roll Mandarin Oranges
31 Hamburger w/cheese Hamburger Bun Potato Wedges Corn Apple				

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 AUGUST MENU- SANDWICH**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	SACK LUNCH \$4.00		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
3	4	5	6	7
Egg Salad Croissant Veggie Pasta Salad Carrot Sticks Apple Sauce	Corned Beef Sandwich w/ Swiss Cheese Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit	Chicken Salad Croissant Grapes/ Celery / Onions / Lettuce Veggie Pasta Salad Carrot Sticks Banana	Roast Beef Sandwich w/ Lettuce & Cheddar Cheese Whole Wheat Bread Macaroni Salad Pears	Ham & Cheese Sandwich w/ Lettuce Whole Grain Bread Three Bean Salad Pineapple
10	11	12	13	14
Grilled Chicken Sandwich w/ Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce	Tuna Salad Croissant w/ Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges	Chicken Caesar Wrap w/ Lettuce Tortilla Wrap Three Bean Salad Mixed Fruit	Sliced Turkey Sandwich w/ Provolone Cheese & Lettuce Whole Wheat Bread Potato Salad Fruit Cocktail	Italian Sub Sandwich Lettuce / Cheese Sub Bun Coleslaw Banana
17	18	19	20	21
Chicken Leg Roll Cucumber & Tomato Salad Peaches	Egg Salad Croissant Veggie Pasta Salad Carrot Sticks Apple Sauce	Corned Beef Sandwich w/ Swiss Cheese Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit	Chicken Salad Croissant Grapes/ Celery / Onions / Lettuce Veggie Pasta Salad Carrot Sticks Banana	Roast Beef Sandwich w/ Lettuce & Cheddar Cheese Whole Wheat Bread Macaroni Salad Pears
24	25	26	27	28
Ham & Cheese Sandwich w/ Lettuce Whole Grain Bread Three Bean Salad Pineapple	Grilled Chicken Sandwich w/ Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce	Tuna Salad Croissant w/ Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges	Chicken Caesar Wrap w/ Lettuce Tortilla Wrap Three Bean Salad Mixed Fruit	Sliced Turkey Sandwich w/ Provolone Cheese & Lettuce Whole Wheat Bread Potato Salad Fruit Cocktail
31				
Italian Sub Sandwich Lettuce / Cheese Sub Bun Coleslaw Banana				