









**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 JUNE MENU - COMMERCE**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	HOT LUNCH \$4.00		<p>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-347-0489</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
1 Country Fried Steak Mashed Potatoes Broccoli Whole Wheat Bread Apple	2 Baked Ziti Italian Vegetables Tossed Salad Breadstick Peaches	3 Antipasto Salad w/ham, salami, cheese, tomato croutons, italian dressing Mixed Greens Pita Bread Banana	4 Lemon Pepper Chicken Rice Pilaf Green Beans Coleslaw Whole Grain Bread Mixed Fruit	5 Meatloaf w/gravy Mashed Potatoes Peas & Carrots Dinner Roll Mandarin Oranges
8 Grilled Chicken Sandwich Hamburger Bun Baked Beans Carrots Apple	9 <i>POTLUCK</i> Sloppy Joe	10 Egg Salad Plate Mixed Greens Croissant Pasta Salad Carrots Banana	11 Turkey w / Gravy Mashed Potatoes Broccoli Whole Wheat Bread Pears	12 Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Dinner Roll Mandarin Oranges
15 Hamburger w/cheese Hamburger Bun Potato Wedges Corn Apple	16 BBQ Chicken Breast Roasted Sweet Potatoes Peas & Carrots Dinner Roll Pineapple	17 Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana	18 Stuffed Steak Mashed Potatoes Mixed Vegetables Whole Wheat Bread Mandarin Oranges	19 CLOSED 
22 Pepperoni Calzone Peas & Carrots Broccoli Apple	23 Baked Ham Scalloped Potatoes Green Beans Dinner Roll Pears	24 Chicken Caesar Salad Parmesan Cheese Caesar Dressing Pita Bread Banana	25 Potato Encrusted Pollock Capri Vegetables Macaroni Salad Tartar Sauce Mixed Fruit	26 Stuffed Cabbage Mashed Potatoes Peas Dinner Roll Mandarin Oranges
29 Chicken Stir Fry w/ broccoli, carrots, peppers Rice Whole Grain Bread Apple	30 <i>THEME</i> Hot Dog w/ Bun Mixed Vegetables Baked Beans Mandarin Oranges			

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2026 JUNE MENU - SANDWICH**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	<p align="center">SACK LUNCH \$4.00</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
<p align="center">1</p> <p align="center">Corned Beef Sandwich w/Swiss Cheese Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit</p>	<p align="center">2</p> <p align="center">Chicken Salad Croissant Grapes/ Celery / Onions / Lettuce Veggie Pasta Salad Carrot Sticks Banana</p>	<p align="center">3</p> <p align="center">Roast Beef Sandwich w/ Lettuce & Cheddar Cheese Whole Wheat Bread Macaroni Salad Pears</p>	<p align="center">4</p> <p align="center">Ham & Cheese Sandwich w/ Lettuce Whole Grain Bread Three Bean Salad Pineapple</p>	<p align="center">5</p> <p align="center">Grilled Chicken Sandwich w/ Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce</p>
<p align="center">8</p> <p align="center">Tuna Salad Croissant w/ Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges</p>	<p align="center">9</p> <p align="center">Chicken Caesar Wrap w/ Lettuce Tortilla Wrap Three Bean Salad Mixed Fruit</p>	<p align="center">10</p> <p align="center">Sliced Turkey Sandwich w/ Provolone Cheese & Lettuce Whole Wheat Bread Potato Salad Fruit Cocktail</p>	<p align="center">11</p> <p align="center">Italian Sub Sandwich Lettuce / Cheese Sub Bun Coleslaw Banana</p>	<p align="center">12</p> <p align="center">Chicken Leg Roll Cucumber & Tomato Salad Peaches</p>
<p align="center">15</p> <p align="center">Egg Salad Croissant Veggie Pasta Salad Carrot Sticks Apple Sauce</p>	<p align="center">16</p> <p align="center">Corned Beef Sandwich w/Swiss Cheese Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit</p>	<p align="center">17</p> <p align="center">Chicken Salad Croissant Grapes/ Celery / Onions / Lettuce Veggie Pasta Salad Carrot Sticks Banana</p>	<p align="center">18</p> <p align="center">Roast Beef Sandwich w/ Lettuce & Cheddar Cheese Whole Wheat Bread Macaroni Salad Pears</p>	<p align="center">19 CLOSED</p> 
<p align="center">22</p> <p align="center">Ham & Cheese Sandwich w/ Lettuce Whole Grain Bread Three Bean Salad Pineapple</p>	<p align="center">23</p> <p align="center">Grilled Chicken Sandwich w/ Lettuce & Cheese Whole Wheat Bun Potato Salad Apple Sauce</p>	<p align="center">24</p> <p align="center">Tuna Salad Croissant w/ Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges</p>	<p align="center">25</p> <p align="center">Chicken Caesar Wrap w/ Lettuce Tortilla Wrap Three Bean Salad Mixed Fruit</p>	<p align="center">26</p> <p align="center">Sliced Turkey Sandwich w/ Provolone Cheese & Lettuce Whole Wheat Bread Potato Salad Fruit Cocktail</p>
<p align="center">29</p> <p align="center">Italian Sub Sandwich Lettuce / Cheese Sub Bun Coleslaw Banana</p>	<p align="center">30</p> <p align="center">Chicken Leg Roll Cucumber & Tomato Salad Peaches</p>			