









**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2026 MAY MENU- COMMERCE HOT**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center"><b>HOT LUNCH \$4.00</b></p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-347-0489</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
				<p align="center"><b>1</b></p> <p align="center"><b>Baked Cod Macaroni &amp; Cheese Brussel Sprouts Whole Wheat Bread Mandarin Oranges</b></p>
<p align="center"><b>4</b></p> <p align="center"><b>Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Green Beans Mandarin Oranges</b></p>	<p align="center"><b>5</b></p> <p align="center"><b>Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Soft Tortilla Shells (2) Tropical Fruit</b></p>	<p align="center"><b>6</b></p> <p align="center"><b>Chef Salad Plate w/ham, turkey &amp; egg Mixed Greens Pita Bread Banana</b></p>	<p align="center"><b>7</b></p> <p align="center"><b>Beef Goulash Italian Vegetables Tossed Salad Breadstick Peaches</b></p>	<p align="center"><b>8</b></p> <p align="center"><b>Cheese &amp; Broccoli Quiche Sausage Links (2) Low Sodium V-8 Juice Muffin Fresh Mixed Fruit</b></p>
<p align="center"><b>11</b></p> <p align="center"><b>Macaroni &amp; Cheese Stewed Tomatoes Green Beans Dinner Roll Apple</b></p>	<p align="center"><b>12</b></p> <p align="center"><b><u>POTLUCK</u> Beef Tacos Tortillas Cheese, Lettuce, Tomatoes Sour Cream &amp; Salsa</b></p>	<p align="center"><b>13</b></p> <p align="center"><b>Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana</b></p>	<p align="center"><b>14</b></p> <p align="center"><b>Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pears</b></p>	<p align="center"><b>15</b></p> <p align="center"><b>Golden Crispy Chicken Au Gratin Potatoes Spinach Whole Grain Bread Mandarin Oranges</b></p>
<p align="center"><b>18</b></p> <p align="center"><b>Hamburger w/cheese Hamburger Bun Potato Wedges Corn Apple</b></p>	<p align="center"><b>19</b></p> <p align="center"><b>Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches</b></p>	<p align="center"><b>20</b></p> <p align="center"><b>Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana</b></p>	<p align="center"><b>21</b></p> <p align="center"><b>Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit</b></p>	<p align="center"><b>22</b></p> <p align="center"><b>Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges</b></p>
<p align="center"><b>25 CLOSED</b></p> 	<p align="center"><b>26</b></p> <p align="center"><b><u>THEME</u> Chicken Leg Roasted Sweet Potatoes Peas &amp; Carrots Dinner Roll Apple</b></p>	<p align="center"><b>27</b></p> <p align="center"><b>Chicken Caesar Salad Parmesan Cheese Caesar Dressing Romaine Lettuce Pita Bread Banana</b></p>	<p align="center"><b>28</b></p> <p align="center"><b>Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears</b></p>	<p align="center"><b>29</b></p> <p align="center"><b>Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Mandarin Oranges</b></p>

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2026 MAY MENU- SANDWICH**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	<p align="center"><b>SACK LUNCH \$4.00</b></p>		<p align="center"><b>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</b></p> <p align="center"><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>	
				<p align="center"><b>1</b></p> <p align="center"><b>Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk</b></p>
<p align="center"><b>4</b></p> <p align="center"><b>Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk</b></p>	<p align="center"><b>5</b></p> <p align="center"><b>Roast Beef Sandwich Lettuce &amp; Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk</b></p>	<p align="center"><b>6</b></p> <p align="center"><b>Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk</b></p>	<p align="center"><b>7</b></p> <p align="center"><b>Grilled Chicken Sandwich Lettuce &amp; Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk</b></p>	<p align="center"><b>8</b></p> <p align="center"><b>Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk</b></p>
<p align="center"><b>11</b></p> <p align="center"><b>Sliced Turkey Sandwich Lettuce &amp; Provolone Cheese Whole Wheat Bread Potato Salad Fruit Cocktail Milk</b></p>	<p align="center"><b>12</b></p> <p align="center"><b>Italian Sub Sandwich Lettuce &amp; American Cheese Sub Bun Three Bean Salad Orange Milk</b></p>	<p align="center"><b>13</b></p> <p align="center"><b>Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk</b></p>	<p align="center"><b>14</b></p> <p align="center"><b>Chicken Leg Roll Cucumber &amp; Tomato Salad Peaches Milk</b></p>	<p align="center"><b>15</b></p> <p align="center"><b>Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce Milk</b></p>
<p align="center"><b>18</b></p> <p align="center"><b>Roast Beef Sandwich Lettuce &amp; Cheddar Cheese Whole Wheat Bread Pasta Veggie Salad Carrot Sticks Pears Milk</b></p>	<p align="center"><b>19</b></p> <p align="center"><b>Chicken Salad Croissant Grapes/Celery/Onions/Lettuce Coleslaw Banana Milk</b></p>	<p align="center"><b>20</b></p> <p align="center"><b>Grilled Chicken Sandwich Lettuce &amp; Cheese Whole Wheat Bun Potato Salad Apple Sauce Milk</b></p>	<p align="center"><b>21</b></p> <p align="center"><b>Ham and Cheese Sandwich Lettuce Whole Grain Bread Coleslaw Pineapple Milk</b></p>	<p align="center"><b>22</b></p> <p align="center"><b>Tuna Salad Croissant Lettuce Veggie Pasta Salad Carrot Sticks Mandarin Oranges Milk</b></p>
<p align="center"><b>25 CLOSED</b></p> 	<p align="center"><b>26</b></p> <p align="center"><b>Egg Salad Sandwich Croissant Pasta Salad Carrot Sticks Apple Sauce Milk</b></p>	<p align="center"><b>27</b></p> <p align="center"><b>Italian Sub Sandwich Lettuce &amp; American Cheese Sub Bun Three Bean Salad Orange Milk</b></p>	<p align="center"><b>28</b></p> <p align="center"><b>Corned Beef and Swiss Whole Wheat Bread Thousand Island Dressing Coleslaw Mixed Fruit Milk</b></p>	<p align="center"><b>29</b></p> <p align="center"><b>Chicken Leg Roll Cucumber &amp; Tomato Salad Peaches Milk</b></p>