SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2024 MAY MENU- COMMERCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
****	HOT LUNCH \$3.50		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
		1	2	3
		Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana	Hot Dog Bun Coleslaw Baked Beans Peaches	Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Tropical Fruit Soft Tortilla Shells (2)
6	7	8	9	10
Macaroni & Cheese Stewed Tomatoes Green Beans Breadstick Apple	Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Pineapple	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana	Beef & Bean Burrito w/ tortilla Corn Spanish Rice Peaches	Cheese & Broccoli Quiche Sausage Links (2) Low Sodium V-8 Juice Fresh Mixed Fruit Muffin
13	14	15	16	17
Chicken Leg Potato Wedges Peas & Carrots Dinner Roll Apple	<u>POTLUCK</u> Cheeseburgers Lettuce, Tomatoes & Onions	Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana	Stuffed Peppers Mashed Potatoes Mixed Vegetables Whole Grain Bread Apple Sauce	Chicken Chili Corn Tossed Salad Oyster Crackers Orange
20	21	22	23	24
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple	Chicken & Broccoli Casserole Coleslaw Carrots Biscuit Pineapple	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana	Lemon Pepper Chicken Rice Pilaf Mixed Vegetables Whole Grain Bread Peaches	Hamburger w/cheese Hamburger Bun Potato Salad Broccoli Orange
27	28	29	30	31
CLOSED HAPPY Memorial Company Memorial	THEME LUNCH Pulled BBQ Pork Sandwiches Hamburger Bun Veggie Pasta Salad Corn Apple	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana	Vegetable Lasagna Italian Vegetables Tossed Salad Dinner Roll Apple Sauce	Beef Stew Mixed Vegetables Coleslaw Biscuit Orange

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2024 MAY MENU- SANDWICH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$3.50		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
		1	2	3
		ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUC COLESLAW BANANA MILK
6	7	8	9	10
ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
13	14	15	16	17
HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUC COLESLAW BANANA MILK
20	21	22	23	24
ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
27	28	29	30	31
CLOSED HAPPY ** HAPPY **	GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUC COLESLAW BANANA MILK